Rights-based approaches took centre-stage at the family planning consultation today, in a plenary led by Karen Hardee, Senior Fellow, What Works Association. Panellists discussed rights as foundational to the ICPD Programme of Action, yet noted nearly a third of lower-and-middle-income countries still have a skewed method mix, with one predominant method in use. The 8 human rights principles of family planning were discussed, with acknowledgment that further work needed to be done in this area. Participants also heard Morocco’s perspective on increasing access, and learned of innovations through Senegal’s efforts in reaching nomadic populations. Virtual Contraceptive Consultation, an online learning platform for evidence-based and rights-based family planning was also introduced. View presentations from the session here.
Allowing young people to avoid pregnancy with safe and effective contraceptive methods will result in a lifetime of returns, protecting their ability to build a better future for themselves, their families and their communities.

UNFPA TECHNICAL BRIEF ON ADOLESCENT AND YOUTH CONTRACEPTIVE USE / JUNE 2019

Addressing Young People’s Need for Contraception

A dynamic plenary of youth champions shared their views on being responsive to young people by ensuring quality of care and an integrated approach to reaching them. The discussions also involved the need to expand the method mix for adolescents and youth to include the full range of options, noting that young people may have initial needs for contraception that aren’t necessarily related to sexual activity. Panellists reviewed evidence-based approaches in Uruguay and Uganda, and also pointed out the need to use inclusive language which resonates with young people. Discussions around emerging issues and neglected areas highlighted opportunities in HIV/STI integration with family planning and post-partum and post-abortion care. Presentations can be viewed here.

Valeria Ramos, National SRH Officer, UNFPA Uruguay

Mandira Paul, Technical Analyst, Sexual & Reproductive Health branch, Technical Division, UNFPA

Edson Muhwezi, Assistant Representative, UNFPA Uganda and Isabel Perez Witzke, Member, Youth Coalition for SRHR
These opportunity briefs are designed to provide up-to-date information about priority themes addressed in the consultation. They are intended to guide in-country discussions and help make data-driven decisions regarding investments and strategies to end unmet need. Click on the country names to view the briefs. Briefs for all UNFPA countries are in development.

**ATLAS OF OPPORTUNITIES**

Afghanistan  
Bolivia  
Burkina Faso  
Cabo Verde  
China  
Democratic Republic of Congo  
Egypt  
Ethiopia  
Haiti  
Iraq  
Kenya  
Kyrgyz Republic  
Moldova  
Morocco  
Mozambique  
Nicaragua  
Nigeria  
Pakistan  
Philippines  
Senegal  
Tajikistan  
Turkey  
Uruguay  
Uganda

**VIDEOS OF THE DAY**

**PARTICIPANTS AT THE CONSULTATION**  
**SHARE THOUGHTS**  
on their vision for the next decade in family planning and accelerator actions required to end unmet need.

**QUOTABLE QUOTE:**

“We need to understand that anti-sexual reproductive rights groups oppose the whole ICPD agenda, including family planning. Avoiding so-called ‘controversial issues’ is doing their work for them. We need to be more bold and assertive in upholding our principles and advancing our ICPD objectives.”

— Neil Datta, Secretary of the European Parliamentary Forum on Sexual and Reproductive Rights

**Ahmadou Ndiaye**, Technical Analyst, UNFPA Gender HR & Culture Branch, Ian McFarlane, Deputy Regional Director, EECARO, UNFPA, and Lis Lombeya Lisomba, Director PNSR, Democratic Republic of Congo, collaborating to operationalize actions to end unmet need.
Among women aged 15-19 in low- and middle-income countries, 20 million adolescent women have an unmet need for modern contraception.

UNFPA TECHNICAL BRIEF ON ADOLESCENT AND YOUTH CONTRACEPTIVE USE / JUNE 2019

#FPCONSULTATION  #ICPD25  #GLOBALGOALS

ONE-ON-ONE WITH ESTHER MORAES FROM THE YP FOUNDATION

The communications team sat down with Esther to discuss how she got involved in the SRHR sector and learn about her aspirations for the future. Here is a snippet of their conversation:

**How did you get involved in this field?**

I grew up around a lot of information around SRHR, which is surprising actually because most people don’t grow up around such information.

**What set you apart?**

I have an aunt who works in the development sector and she had a friend who work in Tarshi, an organization that produces sexual and reproductive health materials. I beta-tested a lot of their stuff. I had more information than other people around me in general. My friends would ask me: “if I hug a boy, will I get pregnant? And I knew I could laugh at that and say, ‘no you won’t’.

**Thinking about this family planning consultation and the road to Nairobi… what you would like to see happen next?**

One thing that came up today was language. I would like to see a shift in language that is more reflective of sexual and reproductive health and rights, instead of being focused on family planning… we need to speak the language that appeals to the largest population. And we need to be best positioned to speak to young people to allow us to get to our goals.

Esther Moraes, Manager, The YP Foundation

FAST FACTS

- **APPROXIMATELY 50%** of pregnancies in adolescents aged 15-19 in developing regions are unintended, and of these **50% END IN ABORTIONS**, most of which are unsafe.

- **ADOLESCENTS** aged 15-19 is the only age group in which **NEW HIV INFECTIONS** are increasing globally.

- **IN SUB-SAHARAN AFRICA** adolescent girls and young women aged 15-24 continued to account for **1 IN 4 HIV INFECTIONS** in 2017.
INFOGRAPHIC OF THE DAY

HUMAN RIGHTS PRINCIPLES OF FAMILY PLANNING

1. Availability, Including Privacy and Confidentiality
2. Accessibility
3. Acceptability
4. Quality
5. Non-Discrimination
6. Informed Decision-Making
7. Participation
8. Accountability

UNFPA TECHNICAL BRIEF ON QUALITY, RIGHTS-BASED FAMILY PLANNING / JUNE 2019
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TOP TWEETS

Emily Sonneveldt speaks on how the tool for Country Categorisation was done at Global Consultation to End Unmet Need for Family Planning at Antalya @benoitkalasa @AddicoG @UNFPAasia @UNFPAPacific @Atayeshe #ICPD25 #FPConsultation

@UNFPAasia Deputy Regional Director Dr. Annette Sachs Robertson moderating a #FPConsultation session on Enabling Environments for Human Rights-Based #FamilyPlanning as an Integral Part of #SRHR in #Antalya #Turkey. #ICPD25 #UNFPAS0 #ChoiceNotChance

“Often, women don’t have a say when it comes to family planning & their own repro health. It’s a basic human right, it’s a woman’s right, it’s a girls right.” - #FPConsultation participant during session on enabling environments for Human Rights-based FP

Mari Simonen, Family Planning Champion speaks at Global Consultation to End Unmet Need for FP in Antalya, Turkey about reflection of ICPD conference in Egypt 25 years ago #ICPD #FPConsultation @Atayeshe @UNFPAPacific @AddicoG @benoitkalasa

@unfpa_eval is participating in a session on creating demand for #familyplanning at #FPConsultation in #Antalya, Turkey. Read the Mid-Term Evaluation of @UNFPA_Supplies for more information on demand generation. #SuppliesEval: http://bit.ly/2FAkNGZ #ICPD25 #GlobalGoals

TECHNICAL BRIEFS

Enabling Environments for Human Rights-based Family Planning: an Integral Part of Sexual and Reproductive Health and Rights »
Demand for Family Planning aligned to the Individual’s Reproductive Health Intentions »
Improved Availability and Reliable Supply of Quality Contraceptives »
Availability of Good Quality, Human Rights-based Family Planning Services: Exercising Choice »
Providing Family Planning in Humanitarian and Fragile Contexts »
Young People’s Need for Contraception: a Critical Component of Adolescent and Youth Sexual & Reproductive Health and Rights »

CONNECT AND SHARE

» EXPLORE all the resources used to inform the Consultation on Ending Unmet Need for Family Planning
» VISIT UNFPA’s Family Planning page
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