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**INTERNATIONAL GUIDELINES**

**NAIROBI STATEMENT ON ICPD25: ACCELERATING THE PROMISE (2019)**

We, representing all nations and peoples, and all segments of our societies [...], resolve to achieve universal access to sexual and reproductive health and rights as a part of universal health coverage (UHC), by committing to strive for [...].

**PARLIAMENTARY ASSEMBLY OF THE COUNCIL OF EUROPE RESOLUTION 2331 (2020) EMPOWERING WOMEN: PROMOTING ACCESS TO CONTRACEPTION IN EUROPE**

The Assembly calls on [...], to ensure that all modern methods of contraception, including emergency contraception without prescription, are made available to the public, including in rural and remote areas and to marginalised and vulnerable groups; [...], develop specific reimbursement or subsidisation schemes for young, low-income and vulnerable groups; [...], ensure the affordability of contraceptive methods by including them in national health insurance schemes; [...].

**EUROPEAN PARLIAMENT RESOLUTION (2021) ON THE SITUATION OF SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS IN THE EU, FOR EDUCATION, EMPowerment, and Rights (SIERA)**

European Parliament [...], calls on the Member States to ensure universal access to a range of high-quality and accessible modern contraceptive methods and supplies, family planning counselling and information on contraception for all, to address all barriers impeding access to contraception, such as financial and social barriers, and to ensure that medical advice and consultations with healthcare professionals are available, allowing all persons to choose the contraception method that best suits them, and thereby safeguarding the fundamental right to health and the right to choose; [...].

**MAIN FINDINGS**

**ACCESS TO MODERN, EFFECTIVE AND AFFORDABLE CONTRACEPTION REMAINS A EUROPEAN CHALLENGE.** Yet there is a positive progression across most of Europe. Out of 46 countries analysed:

- 19 countries (41%) cover contraceptives in their national health system and include IARCs.
- 17 countries (37%) cover contraceptives in the national health systems for young people to 25 years of age.
- 41 countries cover counselling within the national health system.
- 19 countries (39%) provide governmental websites.
## ACCESS TO MODERN CONTRACEPTION

<table>
<thead>
<tr>
<th>Health System</th>
<th>Level of Reimbursement</th>
<th>Accessibility</th>
<th>Affordability</th>
<th>Need for Information</th>
<th>Legal Status</th>
<th>Availability of Prescription</th>
<th>Online Information</th>
<th>User-Friendliness</th>
<th>Countries</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Superior</strong></td>
<td>Yes (25)</td>
<td>Yes</td>
<td>Yes</td>
<td>Superior to Other</td>
<td>Yes (legal)</td>
<td>Yes (legal)</td>
<td>Superior</td>
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<td>Belgium,</td>
</tr>
<tr>
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<td>Yes</td>
<td>Yes</td>
<td>Similar to Other</td>
<td>Yes (legal)</td>
<td>Yes (legal)</td>
<td>Similar to Other</td>
<td>Exceptional</td>
<td>Poland,</td>
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<tr>
<td><strong>Less than</strong></td>
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<td>No</td>
<td>No</td>
<td>Less than Other</td>
<td>Yes (legal)</td>
<td>Yes (legal)</td>
<td>Less than Other</td>
<td>Exceptional</td>
<td>Spain,</td>
</tr>
<tr>
<td><strong>No</strong></td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>Good</td>
<td>Switzerland</td>
</tr>
</tbody>
</table>

### Data Extracted as of February 2022

*Belgium, Finland, Germany, Italy, Spain and Switzerland have decentralised political systems and therefore circumstances may vary between regions.

**Under UNSCR 1244/99***